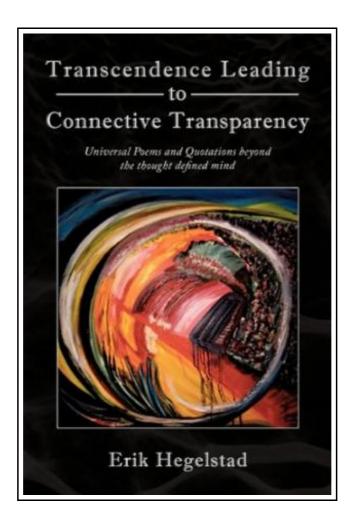
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(Lorenz Vandervort)

TRANSCENDENCE LEADING TO CONNECTIVE TRANSPARENCY: UNIVERSAL POEMS AND QUOTATIONS BEYOND THE THOUGHT DEFINED MIND



AUTHORHOUSE, United States, 2011. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book. This book of quotations and poetry is a result of a life changing event where the author experienced a collapse while working as a Subsea engineer in the oil industry. A month after this existential crisis he started to meditate and shortly after started to experience what he later found out to be what is known as Spontaneous Kundalini Awakening. Kundalini (shakti) is described as a coiled force (energy) that resides at the base of the spine and may be awoken to initiate an opening and purifying process of the chakras (energy centers of the body), leading to enhanced sensory perception. It is by many described as a divine physical sensation, but at the same time involves a challenging cognitive process. Although Kundalini awakening is acknowledged in Eastern cultures it is still not recognized in Western society, where it typically within the field of psychiatry is dismissed as a delusionary experience. This phenomenon needs to be taken seriously and explored further to support those who experience it. Unfortunately for many it is still ignored despite the undisputable fact that the founder of Analytical Psychology - Carl Jung, acknowledged and introduced Kundalini to the West. For a purpose I presume. To activate the unconscious means to awaken the divine, the devi, Kundalini - to begin the development of the suprapersonal within the individual in order to kindle the light of the gods. Carl Jung, Princeton University, October 26th, 1932. The book is an honest expression of the journey of the author reflecting his altered perception of reality induced by the opening of the senses. Further an attempt to demystify the enigma of Kundalini awakening by presenting poetry reflecting the process. The key of...

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