



Room for Improvement: A Life in Sport

By Casey, John

Vintage, 2012. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: "A wonderful match of subject and style . . . [Casey's] writing is simple and crisp. It holds the clarity of early morning." - The New York Times Book Review "He's a damned good writer . . . How many professor types do you reckon would tackle a 50mile run along the Adirondack Trail or an 11-day wintersurvival course in Main that included two nights along in a makeshift cave?" - Wall Street Journal "There's a lot of humor in these essays, most of it good-naturedly aimed at Casey himself. But he's serious, too. Casey doesn't scold those of us who aren't as physically active as we used to be; rather, he entices us to consider getting moving again, preferably outside." - The Boston Globe "Room for Improvement is a marvel of closely observed mostly outdoor sport, much of it alarmingly strenuous, but colored throughout by infectious exuberance and tolerance for discomfort. With genteel detachment well to the rear, Casey brings us point blank to the levels of sporting commitment that rise to illumination." -Thomas McGuane "In these empirical and informative essays, John Casey...



Reviews

It is great and fantastic. Better then never, though i am quite late in start reading this one. Your life period will likely be transform once you comprehensive reading this book.

-- Blanca Davis

An extremely wonderful book with lucid and perfect information. It is one of the most awesome publication i have read. Your life period will probably be enhance the instant you total looking at this pdf.

-- Prof. Dan Windler MD