



DOWNLOAD



Shiatsu for Your Horse: Enhance Your Horse's Well-Being and Happiness

By Cathy Tindall & Jaki Bell

Cadmos Equestrian, Brunsbek, 2006. Hard Cover. Condition: New. Dust Jacket Condition: New. 1st Edition. Equine behaviourist Cathy Tindall has taken the ancient oriental treatment of Shiatsu and developed it into a modern form of massage that any horse lover can use to enhance the health and well being of their horse. In the first part of this book the reader is shown how to perform a simple Shiatsu treatment. Part Two explains the philosophy behind Shiatsu in simple terms for the reader who would like a deeper understanding. The third part introduces the reader to The Five Elements as a means of recognising the characteristic of a horse and gaining a better knowledge of its anatomy. * A practical alternative way for horse-owners to work and establish a relationship with their equine partners. * Easy to use for riders of all levels of ability: the complex subject is simplified and the prime message is practical rather than philosophical. Size: 8vo - over 7¾" - 9¾" tall.



READ ONLINE
[2.06 MB]

Reviews

Comprehensive information! Its this sort of excellent go through. It is packed with knowledge and wisdom You may like just how the author publish this book.

-- **Mustafa McGlynn**

Complete guideline! Its this kind of great read through. It is probably the most incredible pdf i actually have read through. Its been developed in an extremely straightforward way and it is simply soon after i finished reading this book through which actually modified me, affect the way i really believe.

-- **Beryl Labadie I**