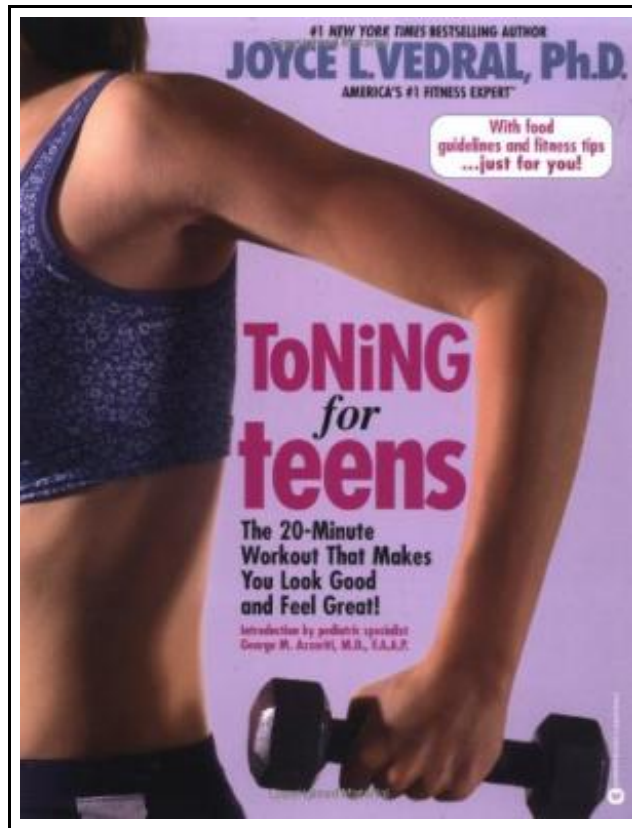


## Toning for Teens: The 20 Minute Workout That Makes You Look Good and Feel Great



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