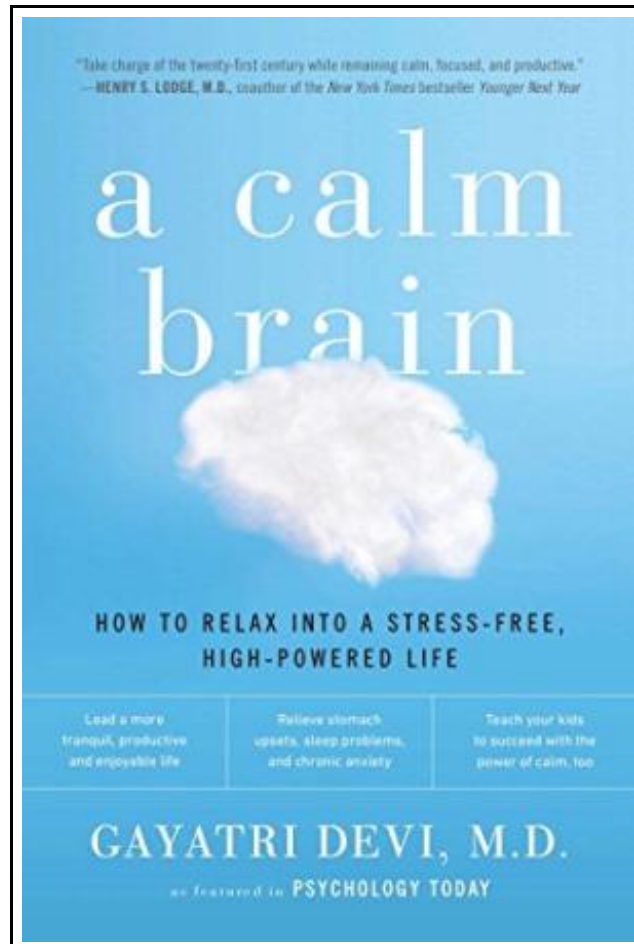


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A CALM BRAIN: HOW TO RELAX INTO A STRESS-FREE, HIGH-POWERED LIFE



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