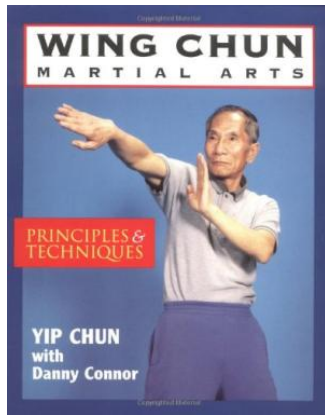


Find PDF

WING CHUN MARTIAL ARTS: PRINCIPLES AND TECHNIQUES



RED WHEEL/WEISER, United States, 1994. Paperback. Book Condition: New. 252 x 202 mm. Language: English . Brand New Book. Yip Chun is a Grandmaster of Wing Chun, and the eldest son of Yip Man - Bruce Lee s mentor. With the help of Danny Connor, Yip Chun explains the moves, the importance of the relationship between teacher and student, and the Confucian theory. Students will learn Chi Sau, Siu Lim Tao, Chum Kiu, and Biu Tze from the many illustrations that...

Download PDF Wing Chun Martial Arts: Principles and Techniques

- Authored by Grandmaster Yip Chun, Chun Yip
- Released at 1994



Filesize: 6.03 MB

Reviews

Just no phrases to spell out. it was writtern very properly and valuable. I am very easily can get a delight of reading a written book.

-- **Eric Macejkovic**

The best ebook i actually study. I have got study and i am certain that i am going to going to study yet again again in the foreseeable future. I found out this ebook from my i and dad suggested this book to find out.

-- **Allison Heaney**

Basically no phrases to explain. It really is filled with knowledge and wisdom You are going to like how the author create this book.

-- **Gerald Conn**
